

FINDING YOUR FEET

GUIDED WALKS

1 mile walk every Tuesday at 10.30am starting & finishing at Norman Way Prettygate CO3 4PS

1 mile walk every Thursday at 2.00pm starting & finishing at Circular Road East Lower Abbey Field CO2 7GA

Walk every Wednesday at 11.30am starting & finishing at Castle Park War Memorial

Getting active one step at a time

Why not Volunteer to support the walks?

Please book as places limited to 5 at present due to COVID
Please bring own refreshments if required

For for booking and further information & details of guided walks please contact T: 01206 505 250 E: [msp@community360.org.uk](mailto:mstp@community360.org.uk)